# **PROJECT KA122 KNOW YOURSELF TRUST YOURSELF**

#### (September 2023-February 2025)

### **Objectives**

• Creating a calm climate to encourage success for all

Enabling students to work on the issue of well-being and compare practices between partner schools.

Considering actions to promote a healthy, positive environment.

• Making students aware of the different ways in which they can express their citizenship while respecting others.

Exploring ways of promoting democratic debate within the school.

Learning how to communicate respectfully, especially through social networks.

#### Details

**Group mobilities** : 28 students will take part in the various mobilities in groups of 10 or 6 and will be working on one of the two objectives.

**Staff mobility** : teachers will attend a course in Stockholm on "Learning for and through well-being at school".

## **School partners**

Greece : ler Lycée Général de Giannitsa (sch.gr)

Canary Islands : I.E.S PÉREZ GALDÓS (gobiernodecanarias.org)

Lithuania : Klaipėdos Baltijos gimnazija